

BASP cross cutting meeting on mental health services in Basingstoke & Deane



24 February 2016

Attending	
Andy Wilshire	Mental Health, Hampshire Adult Services
Ben Taylor	Hampshire Police
Caroline Ryan	Safer North Hampshire
Colin Bulpett	Hampshire Police
Graham Hatcher	Basingstoke CAB
Jane Kent	RCS Ltd
Jayne Morgan	Hampshire Wellbeing Services
June Balcombe	BDBC
Lisa Edwards	BDBC
Marion Short	BDBC
Martin Allen	BDBC
Ross Harvie	Proteus
Simon Bryant	Public Health, HCC

Apologies	
Annie Noble	Hampshire Wellbeing Services
Debbie Hastings	HCC Adults Services Substance Misuse Team
Debra Ramchurn	Andover Mind (Basingstoke Dementia Advice Service)
Grant Stillwell	Community Independence Team, HCC
Colin Godfrey	Health and Wellbeing Partnership
Karina Hutfield-Christiansen	BDBC
Kerri Marshall	Community Independence Team, HCC
Liz McGill	Hampshire DAAT, HCC
John Houghton	Basingstoke and Deane Wellbeing Centre
Lovemore Munowenyu	Older Person's Mental Health, Southern Health
Nadine McKenzie	BDBC
Nicky Duncombe	Sussex Partnership NHS Foundation Trust
Natasha Blythe	BDBC
Stephen Morgan	Basingstoke Voluntary Action

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1 Welcome and introductions

2 Review of actions from meeting on 10 December

Action 1: Marion to follow up whether more analysis of the data can be obtained.

Sally Kenyon from BDBC policy team has carried out some more analysis but was unable to drill down to age groups or types of illness. The data does indicate growing prevalence but cannot provide more specific information.

Other evidence does support that this is a growing need:
NHCCG report high levels of anti-depressant prescribing in relation to other CCGs. However, bed days data may inflate figures for Basingstoke as Basingstoke hospital provides accommodation for people across Hampshire.

Jessica Berry and Simon Bryant may be able to get further detail via CCG and Public Health England data.

Actions 2 & 3: Actions completed and mapping to be discussed as agenda item.

Action 4: Completed.

3 Developing a common understanding of key terms

Different methods of understanding the key terms of mental health, mental wellbeing and mental illness were discussed. Simon Bryant provided 'official' definitions (to be circulated with minutes):

Mental Health and Wellbeing:

Refers to a combination of feeling good and functioning effectively

Mental disorder:

Includes mental illnesses as well as personality disorder and alcohol and drug dependency

Mental illness:

Refers to depression and anxiety (common mental disorder) as well as schizophrenia and bipolar disorder (severe mental disorder)

4 Results from mapping exercise

Marion circulated the results of the mapping exercise so far. The group discussed how the information could be categorised and to who and how it could be promoted. Other mapping work is taking place across Hampshire and it is important

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that this work compliments/feeds into this. (Hampshire County Council is looking at developing a bespoke directory of services and Hampshire police have completed a post code directory for contacting community mental health teams.)

There are a number of services which signpost people currently e.g. ITalk, Community Mental Health Teams, Wellbeing Centres, GPs, Hantsdirect, and Healthwatch. The results of the mapping exercise could therefore be shared with these organisations to improve signposting. There are also a number of existing newsletters that could be utilised to share the information we collect.

The results of the mapping exercise will be brought to the next meeting for further discussion.

Action 1: Marion to circulate information electronically for partners to review and update.

Action 2: Andy to find out more information on HCC directory

Action 3: Lisa to gather information on newsletters

5 Promotion and communication

A number of issues were raised with regards promotion and communication:

Who is the intended audience?

Is there capacity within services to respond to increased demand?

How do we ensure people access the right service?

It was felt that this group needed to have a clear aim, strategy and mission statement. That key outcomes should be identified.

Action 5: Graham to draft possible high level aims for the group.

There are some synergies and overlaps with the WIN (Wellbeing Implementation Network) group and there may be scope for these 2 groups to merge.

Action 6: Andy to look at Terms of Reference for the WIN and bring to next meeting.

6 What can we do differently

The wellbeing centre in Aldershot currently opens in the evening as a crisis café. Is this something we could replicate in Basingstoke?

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The CCG are currently looking at models of crisis care and are evaluating this model as part of this process. It is intended that they will commence the tender process in September, for new services to start in September 2017.

7 Round tables updates

The Children, young people and families partnership has also been carrying out a mapping exercise looking at early intervention services. The strategic group will be reviewing the information in April.

Hampshire Wellbeing Services are carrying out a review of their befriending services.

Universal credit update: The roll out of Universal Credit starts in Basingstoke on March 28 for new single claimants. From May 2016 the national rollout of the new digital service for UC starts, we do not have a date for when this will in Basingstoke yet. The process of migrating existing benefits is scheduled to happen between 2018 and 2021. Again, we do not yet have details for when this will happen locally..

8 Date and Focus of next meeting

Next meeting was scheduled for 20 April but will be changed to mid-May, date to follow.

Suggested agenda items were:

- Draft Shared Plan for Health and Wellbeing - overarching partnership plan
- Mental Health strategy, aims and objectives
- Review of mapping results
- How we link to other groups and strategies

Date of next meeting:

18 May 2016, 10am to 12pm, Basingstoke Civic Offices