

BASP Mental Health Alliance

28 September 2016



Attending

Andy Wiltshire	Hampshire County Council
Claire Leaney	Basingstoke and Deane Borough Council
Elizabeth McKerracher	Basingstoke Counselling
Graham Hatcher	Citizens Advice Basingstoke and Tadley
Jenny Faulkner	Dementia Advice Service
Jessica Berry	NHS North Hampshire CCG
June Balcombe	Basingstoke and Deane Borough Council
Lisa Edwards	Basingstoke and Deane Borough Council
Marion Short	Basingstoke and Deane Borough Council
Neil Lovall	District Service Manager, Mental Health, HCC

Apologies

Corrine Marsh	Proteus
Gilda McIntosh	Basingstoke Voluntary Forum
Grant Stillwell	Community Independence Team, HCC
John Houghton	Basingstoke and Deane Wellbeing Centre
Karina Hutfield-Christiansen	Basingstoke and Deane Borough Council
Katy Rollins	Family Support Worker, HCC
Kerri Marshall	Community Independence Team, HCC
Liz McGill	Hampshire DAAT, HCC
Nadine McKenzie	Basingstoke and Deane Borough Council
Natasha Blythe	Basingstoke and Deane Borough Council
Ros Letherby	Community Independence Team, HCC
Vicky Francis	Family Support Worker, HCC

1 Welcome and apologies

2 Partnership name and chair

It was agreed that this group be re-named Mental Health Alliance.

Stephen Morgan has stood down as chair; Jessica Berry has agreed to act as new chair.

3 Review of previous actions

Andy Wilshire report on HCC services directory – *covered under agenda item 4*

Agree partners to plan Mental Health Day event, 10 October

Action 1: All to advise Jess Berry of any activities providers are planning. (This group to focus on Mental Health Week May 2017)

Andy Wilshire to share Terms of Reference for the WIN – *discussed as AOB*

Stephen Morgan to share media top tips – *complete*

4 Update on Hants Connect

Jessica Berry demonstrated the Hampshire County Council online service directory. The site is live now but due to be formally launched to the public next year. Organisations can update their profile and HCC have provided resource to maintain the site.

Issues around safeguarding and whether services should be quality checked before inclusion were discussed. This is an issue HCC are currently reviewing. There is already a function which allows people to report poor service.

<https://connectsupport.hants.gov.uk/home>

Action 2: Jess Berry to provide HCC with results of mapping activity

Action 3: All to encourage providers to submit details of their services

5 Update on NHCCG Self-Management Strategy

This strategy applies across all long term conditions. Jessica Berry has scoped what's available to support self-management and CCG have been awarded 5,000 PAM (Patient Activation Measure) licenses from NHS England. PAM is a series of 13 questions which practitioners can use to assess how activated patients are and review their progress. Practice nurses will be using the measure first.

Action 4: Jess Berry to update on progress at next meeting

6 Our Shared Plan to improve health and wellbeing in Basingstoke and Deane 2016 to 2020

The Health and Wellbeing Partnership shared plan is now finalised and will be available on the BASP website shortly. The key messages in the plan are Be Well, Be Informed.

This group will be leading on the 'Be Mentally Resilient' strand.

Partners looked at how we can contribute to the key objectives:

1. *How can we act together to improve and disseminate information in a people centred way?*
 - Link in with carers and service users groups
 - Service user rep invited to this meeting?
 - Help people to navigate information
 - How do we communicate self-help message to those not currently accessing services?
 - Can we work with employers, link with absence issues?
 - Possible communication channels; GPs, Basingstoke and Deane Today, Businesses, Colleges/schools, Citizens Advice, Housing Associations, CCG, HCC, libraries, community centres
 - Use Wellbeing Centres to link with service users and practitioners and promote Wellbeing Centres in public communications.
2. How should we promote healthy choices and self-management?
 - Drip feed information
 - Cover all angles
 - Encourage taking small steps
 - Share life stories – journeys
 - Taster sessions during May Mental Health Week
3. Where should we focus collaborative project activity?
 - Link with Western Basingstoke Strategy and Manydown development
4. How can we assist practitioners to offer early intervention options?
 - Link with GPs, nurses, social workers
 - Promote Hampshire connect
 - Volunteers in doctors surgeries to signpost to wellbeing centres
 - March – sport and physical activity alliance conference attended by practitioners
 - Use BDBC community development team links with community groups
 - Promote successes – e.g. Relax Kids

7 AOB

Wellbeing Implementation Networks (WIN)

WINs are multi agency networks designed to give stakeholders and service users a voice on what commissioners and trusts are providing. The WIN for this area has not been active for around 1 year.

It is proposed that this group act as the WIN, which may involve widening the group and introducing more service user input.

Action 4: Jess Berry, Marion Short and Lisa Edwards to review the Terms of Reference and members for each group in advance of the next meeting.

Sustainability Transformation Programme (STP)

Sustainability Transformation Programme (STP) aims to transform outcomes and improve the satisfaction of service users and maximise the impact of the available resources. Hampshire County Council also have a strategy to support communities and a key element of the strategy is helping people to lead healthier lives by promoting wellbeing in addition to treating illnesses and supporting people to take responsibility for their own health.

Wellbeing Centre

HCC are going out to tender for the Wellbeing Centres. New contacts will come into effect November 2017.

8 Agenda items for next meeting

- Safe place schemes
- 2017 Mental Health Week
- WIN/Mental Health Alliance Terms of Reference

Date of next meeting:

25 January 2017, 10-12, Basingstoke Council Offices