

**Basingstoke and Deane Health and Wellbeing Partnership
Summary of information and action points agreed 21st October 2019**

Key messages / Action	Who to action
Welcome	
List of attendees and apologies on separate sheet	
Review of previous minutes and actions	
<ul style="list-style-type: none"> • Chat Bench – One for community safety to consider. To be chased. • The Community Needs Assessment Framework will be presented in January, after it has been to the Community Environment Partnership Committee in late October. 	<p>Mike</p> <p>Info</p>
Future Data Trends – Presentation to BASP	
<p>Lucy Dennis presented item to BASP and gave some feedback</p> <ul style="list-style-type: none"> • Really valuable meaningful discussion especially around inactivity and how to engage hard to reach groups. The advantages of approaches where activity is integral to daily life. • Climate Change – everyone making a commitment to make changes will have accumulative impact (i.e. active travel / discouraging car use especially school runs / improve air quality) • Brexit preparations and people registering for the EU settlement scheme. Public Health monitoring short and long term implications (medicines and vaccines availability , welfare of people caught in traffic congestions / mental health relating to economic impacts) 	
Future Data Trends – Outcome of Workshop in last meeting (in attached presentation)	
<p>Jess B presented the findings from the Workshops held in September...</p> <ul style="list-style-type: none"> • Next Steps – Further discussions through <ul style="list-style-type: none"> ○ Children – (10 to 11 year olds) Children and Young People Partnership ○ Middle Ages – (40 to 64 years old) Sport and Physical Activity Meeting ○ Older people (65 years +) Older People and Over 55's Forum (Meeting in Jan 20) <p>Seek feedback on how these insights can be taken forward by the respective groups. Jess B attending meetings to give presentation and lead discussions.</p> <p>How information can be used:</p> <ul style="list-style-type: none"> • Prevention <ul style="list-style-type: none"> ○ Changing direction of travel with NHS long term plan ○ Behaviour change and self-management ○ Joint programmes between communities / Public Health / CCG • System transformation on the wider determinants of health <ul style="list-style-type: none"> ○ A good use of data is feeding into BDBC led community Needs Assessments • Healthcare Transformation and future capacity demand planning <ul style="list-style-type: none"> ○ Local Care Partnership feeding into the HIOW plan ○ Wider HIOW clinical strategy and longer term estates / capital planning <p>Help to inform proposals for infrastructure and service provision.</p>	<p>Jess B</p>
New Chief Medical Officer Guidelines for Physical Activity 2019	
<p>Lucy talked about the new Chief Medical Officer guidelines just released. (See presentation)</p> <ul style="list-style-type: none"> • For early Years (0 – 5 years old) • For children and young people (5 – 18 years old) • For Adults and Older Adults • For Disabled Adults • For pregnant women • For women after childbirth • For older adults • For older adults (over 65) <p>Information needs to be dissimulated out through partnerships.</p>	

Prevention concordat for Better Mental Health	
Lucy also mentioned that there is a new Concordat (attached with the minutes). Please take the opportunity to look at the new document and champion organisation to sign the pledge. For more information, contact is leana.cahill@hants.gov.uk	
Shared Plan Workshop 2016 - 2020	
<p>The current shared plan is until September 2020 around 4 themes to “Be Well And Informed”;</p> <ul style="list-style-type: none"> • Be Physically Active (Led by Chair of SPAA) • Be Mentally Resilient (Led by CCG and Mental Health Alliance) • Be Aware of Harm (Led by BDBC and Community Safety Team) • Be Socially Connected. (Led initially by BVA through Older People’s Forum) <p>Work needs to start on the next shared plan from 2020 to 2024. To start the process rolling;</p> <p>4 key questions</p> <ul style="list-style-type: none"> • How are we performing in these areas (review KPI’s) • What is new information telling us? • Are they still the right priorities? • What should the new priorities / KPI’s look like? <p>The outcomes from the workshop to be shared and discussed with local stakeholder groups and fed back to the January Health and Wellbeing partnership Meeting in January.</p> <p>2024 - This falls in line with the new Hampshire Health and Wellbeing Strategy. A copy of the initial Hampshire action plan has been circulated, which goes to their Board in December. Please see note below re response from the Hampshire Districts Health Forum.</p>	All Sub Group Leads
Wellbeing Sub Group Updates	
<ul style="list-style-type: none"> • Be Mentally Aware – Update sheet attached to Minutes • Be Socially Connected – Update sheet attached to Minutes. 	Jess B Tony C
Information sharing / Hot topics / Partner updates	
<ul style="list-style-type: none"> • CCG –Winter messages around Flu Jabs / Signposting people to use 111 and pharmacies. • New Homeless Audit - Rachel states that one is starting soon (takes about 3 months). • Community Activities Network initiative – Rachel mentioned a new campaign to promote independence, wellbeing and inclusion working with julianhouse organisation for people moving on from hostel / supported housing / low support accommodation or sleeping rough. • Fire Service – Paul looking for ways to support a drive for more safe and well visits esp for over 65’s. (i.e. smoke detectors) as well as activities to support their wellbeing such as “steady and strong”. Paul leaving for new role and will ensure his successor picks this up. • Support 4 Life in place superseding Quit4Life campaign. New leaflets being produced. • Volunteer figures –BVA are doing another update on Volunteer Figures and will share. • EUPD (Emotional Unstable Personality Disorder) Group – Starting in November is a new Monday Evening Class at Wellbeing Centre. • Social Prescribing – Update on activity across 6 clusters at next meeting 	Jess B
Next HWP meetings	
Dates for future meetings: 20 th January 2020 BDBC Civic Offices 20 th April 2020 / 20 th July 2020 / 26 th October 2020	