

**Basingstoke and Deane Health and Wellbeing Partnership
Summary of information and action points agreed 20th January 2020**

Key messages / Action	Who to action	
Welcome		
<ul style="list-style-type: none"> Attendees and apologies noted on separate sheet 		
<ul style="list-style-type: none"> Welcome to Craig Hawkes from Fire Service joining the partnership and Kate Jones from Hampshire CC, Sue Rayden and Kieran Hunjan from Basingstoke presenting today. 		
Review of previous minutes and actions		
<ul style="list-style-type: none"> Minutes of last meeting agreed Chat Bench – One for community safety to consider. Tom Horan stated a bench has been established in Gosport, Mike to look into this – need to be aware of any risks the bench may raise. Group reminded about the Cosy Club initiative to combat loneliness. Link to the Cosy Club initiative. https://cosyclub.co.uk/free-teas-for-those-in-need/?fbclid=IwAR0Wv95FhrIOT7rgYz0gfpq_4LtAiPde_1Vo7fBmcWm9WQTNPeMCSYZYrSM As promised, here is the link for the published Emotional Wellbeing and Mental Health Strategy for Children and Young People: https://documents.hants.gov.uk/public-health/EmotionalWellbeingChildrenYPStrategy.pdf New Homeless Audit - Rachel states that it is likely to start in March (3 months). Volunteer figures –BVA are doing another update on Volunteer Figure. Awaiting figures. 	Mike	
Social Prescribing Update		
Jess Berry from CCG gave a brief update – Early days...		
<p>6 Primary Care Networks including–</p> <ul style="list-style-type: none"> Acorn - Gillies Health Centre, St Andrews Centre and Essex House Whitewater Loddon – Chineham Medical practice, Clift Surgery, Whitewater Health (Hook) Mosaic - Crown Heights Medical Centre and Oldiham Medical Centre B-Connected Care – Bermuda and Marlowe Practice, Bramley Grange Medical Partnership) Rural West – Tadley Medical Partnership, Watership Down Health (Overton, Oakley, Kingsclere) Two Rivers Medical Centre – (including Whitchurch Surgery and Derrydown Surgery) <p>Red Cross Connectors supply Social Prescribers for each of the networks except for Mosaic who employ their own.</p> <p>Recognising that people's health is determined primarily by a range of social, economic and environmental factors, social prescribing seeks to address people's needs in a holistic way. It also aims to support individuals to take greater control of their own health</p> <p>Social prescriber. - Connect people with non-medical support, such as day centres, charities or community groups, in the community to improve their wellbeing and tackle social isolation. usually work in a GP surgery, health centre or community organisation.</p> <p>At Acorn PCN – The Camrose, Hackwood and Gillies Partnership <i>Social Prescriber, Libby, will support individuals with issues that might not necessarily be appropriate to see a GP for, e.g. financial worries, housing worries, relationship problems and carer support.</i> <i>Our Social Prescriber can provide brief interventions (up to 12 weeks) and resources for patients and can signpost and support as appropriate. Referrals to the Social Prescriber are made via the Reception Team.</i></p> <p>Social Prescriber Contact details to follow</p> <p>Suggestion to take a pro-active approach and have a meet and greet session with them. Anyone interested should contact Jess Berry to arrange.</p>		Jess B

Community Needs Framework (Attached Presentation)	
<p>Update on project and next steps. Sue Rayden (Connected Communities Manager) Kieran Hunjan (Community and Housing Infrastructure Manager) - BDBC</p> <p>Comments:</p> <ul style="list-style-type: none"> • HCC corporate do volunteering survey CVS insight. The team may have useful data for us • NEETS – Hampshire Futures • Tim mentioned future of Time Banking – hope that it will continue, successful in Basingstoke <p>Public health matters link may be of some use: https://publichealthmatters.blog.gov.uk/2020/01/14/can-we-build-healthier-more-resilient-and-connected-communities/</p>	
Update on Hampshire Health and Wellbeing Board Business Plan 2019/2020	
<p>Update provided by Kate Jones, HCC</p> <p>This action plan responds to the key priorities set out in A strategy for the Health and Wellbeing of Hampshire 2019 – 2024. It outlines the key areas for focus and attention, to support the delivery of the strategy.</p> <p>The business plan is a high level action plan, which will capture a range of key work programmes that require partnership working from partner organisations on the Board to ensure successful delivery. The six theme sponsors are as follows:</p> <p>Starting Well: Steve Crocker, Director of Children’s Services, HCC Living Well: Dr Barbara Rushton, Clinical Chair, South Eastern Hampshire CCG Ageing Well: Graham Allen, Director of Adults’ Health and Care, HCC Dying Well: Dr Peter Bibawy, Clinical Chair, North East Hampshire and Farnham CCG Healthier Communities: Cllr Anne Crampton, Chair of Hampshire HWB District Forum Strategic Leadership: Dr Nick Broughton, Chief Executive, Southern Health</p> <ul style="list-style-type: none"> • The District Forum fed back that the top three wider determinants of health for increased joint working were: <ul style="list-style-type: none"> ○ Housing – eg reducing homelessness, helping people access affordable housing, helping vulnerable people to maintain tenancies, lifetime homes ○ Family, friends and community – eg supporting communities to be more resilient, building social networks and reducing loneliness and isolation; linking in with HCC’s place-based demand management and prevention programme which will be working at local level in each district area ○ Built and natural environment – ensuring new developments are designed with health and wellbeing in mind; ensuring access to green spaces, facilitating active travel and physical activity, eg through accessible leisure facilities and opportunities. People can’t have good health and wellbeing if the built environment does not enable it. <p>Other feedback from District Forum</p> <ul style="list-style-type: none"> • Prevention is key: districts and boroughs are well placed to identify trigger points for crisis and implement interventions to divert or prevent escalation of need. • Forum keen to engage more with CCGs on joint activity eg prevention. • Support for approaches that include ‘health and wellbeing’ priorities into all local plans and strategies. • To improve health and wellbeing, we need to redirect more resources to those areas that are more deprived. However, affluent districts do have pockets of deprivation, and people within them can be even more disadvantaged. • Due to breadth / diversity of County, need to join up more with an outcome focus. • Resources and facilities need to be better utilised, as funding is diminishing: we need to join up support and reduce duplication of effort/spend. • Share what works. • Agree collectively how to measure progress. 	

<p>Hampshire Housing and Health Workshop - 21 January 2020</p> <p>Hampshire County Council (HCC) Public Health team have conducted a needs assessment to explore how healthy homes could improve the health and wellbeing of Hampshire residents. Rachel, Jess, Claire Leaney attending and will feedback to the next Meeting.</p> <p>This collaborative workshop is an opportunity for district and borough councils to come together with health and care partners to:</p> <ul style="list-style-type: none"> • Hear about and discuss the findings of the Hampshire Housing Health Needs Assessment • Begin to identify where partners can work together to improve health through joined up action on housing and by strengthening the interfaces between housing, health and care 	
<p>Shared Action Plan – Outcome of Workshop 21st October (in attached presentation)</p>	
<p>Basingstoke Health and Wellbeing Shared action plan Jess Berry – CCG Feedback on workshop 21st October 2019</p> <ul style="list-style-type: none"> • Update on Children and Young people Partnership / Older People Partnership: Meetings have not taken place as the groups have not met. • How can information be shared? / Wider stakeholder engagement? <p>Discussion around school use of Pupil Premium.</p> <ul style="list-style-type: none"> • Discussion around level of physical activity taking place within schools. Discussion around the challenge of utilising the Pupil Premium as part of the approach to encourage physical activity within the school environment as well as for the family outside of school. • Schools have scope to be able to use Pupil Premium in the way they feel it would most benefit the children. • Concern raised by Kirstie that Hampshire Youth Support (service which provides mental health support for under 11 year olds) has a 1 year waiting list. Lucy Dennis to raise this with commissioners. Given the challenges in the classroom affecting wellbeing, often extra support is sought using the premium to ensure that this is managed. • The letters that go to parents informing them that their child is “obese” should include signposting to possible support (i.e. activities / food education) that can be productive. • Intergeneration cooking groups in Buckskin have proved successful • Sports Council have done some work around School Sports Hubs – Mike to speak to them • Mind Maps – Connections / exercise undertaken ; papers to Mike 	<p>Lucy Denis</p> <p>Mike O</p>
<p>Wellbeing Sub Group Updates</p>	
<ul style="list-style-type: none"> • Be Physically Active – Update sheet attached to Minutes • Be Aware of Harm– Update sheet attached to Minutes. 	
<p>Information sharing / Hot topics / Partner updates</p>	
<ul style="list-style-type: none"> • 27th March: Mental Health Conference at the Council Offices. Capturing the voice of young people from 10 different schools on young people wellbeing. Please let Kirsty-Ann know if you want more details or wish to attend. • A new "safe sleep" initiative is being launched to the public on the 14th March in Festival Place. This is to support families with small children, keeping them safe. There are going to be workshops which include baby massage; Paed first aid; coping with crying; safe sleep; DadPad. • School Surveys: currently being analysed at the moment. Hopefully will get some meaningful feedback. • New Mental health Data: for schools this week • Bereavement Care Service: Colin mentioned that they were looking for room for 2/3 people in Basingstoke (ideally free) Kirsty Anne immediately offered to help as did Wellbeing Centre. Colin to follow up. 	<p>Jess B</p>
<p>Next HWP meetings</p>	
<p>Dates for future meetings: 20th January 2020 BDBC Civic Offices 20th April 2020 / 20th July 2020 / 26th October 2020</p> <ul style="list-style-type: none"> • Draft Shared Plan for Health and Wellbeing Partnership 2020 – 2024 (April 2020) <p>Update from Sub Group – Be Socially Connected / Be Aware of Harm (April 2020)</p>	