

**Basingstoke and Deane Health and Wellbeing Partnership
Summary of information and action points agreed 16 July 2018**

Key messages / Action	Who to action
Review of previous minutes and actions	
Promoting volunteering – BVA and BDBC jointly promoted National Volunteer Week 1- 7 June, encouraging groups to acknowledge the value of their own volunteers; a civic reception to celebrate volunteers is being arranged for October. The Voluntary Sector Forum is looking at new ways of attracting volunteers.	BVA / BDBC
Education representative on HWP – follow up for October meeting	Marion Short
Children Young People and Families Strategy – a workshop is to be hosted by Basingstoke Area Strategic Partnership on 20 September to develop the actions for the Strategy – invites sent to HWP.	All to note
North Hampshire Health and Care Transformation Plan	
<p>Zara Hyde-Peters – Director of Delivery, NHCCG. (See slides previously circulated).</p> <p>Zara presented the key themes of the 5 year transformation plan and discussed the need to better align services of GPs, hospitals and adult social care with commissioning outcomes that reflect new ways of working. The plan is a statement of intent from partners to do things differently and will be published on the CCG website (circulated with minutes). A programme of public engagement will take place in the autumn.</p> <p>There is also a drive to keep people well for longer to reduce demand for clinical and social services; this needs better access to information for, and behaviour change by, residents and practitioners and requires collaboration to change systems and messages. There was discussion around examples of work going on to increase physical activity and ill health preventative work.</p> <p>Comments for Zara to consider in progressing delivery of the Plan included:</p> <ul style="list-style-type: none"> • there is difficulty in getting past ‘gatekeepers’ at GP surgeries to have meaningful discussion with the right person; • the hospital discharge process could be used to give messages to people coming out of hospital about ways to stay well; • there is need for easily accessible information that can be made personal for an individual’s needs, interests, and location including for those with disabilities or complex needs (link to Connect to Support) • agencies need to align different policies and budgets which can influence behaviour change – needs strategic commitment • will commissioning bodies release funds for prevention/early intervention schemes? <p>Zara was invited to give an update on progress against ambitions in the plan to the HWP next year.</p>	<p>Zara Hyde-Peters</p> <p>Leadership team</p>
HloW Physical Activity Strategy to 2021	
<p>Sophie Burton – Energise Me, and Susan Dewey – HCC Public Health (see slides previously circulated; strategy available at: https://www.energiseme.org/wp-content/uploads/2018/03/Hampshire-and-Isle-of-Wight-Physical-Activity-Strategy-2017-21-January-2018.pdf)</p> <p>Sophie summarised the purpose and 4 aims of the strategy, which are:</p> <ol style="list-style-type: none"> 1. Accelerate the reduction of inactivity amongst adults 2. Reverse the rising trend of inactivity among females 3. Narrow the gap in levels of inactivity between the adults with (or at risk of) long term health conditions and those without 4. Improve levels of physical activity amongst children and young people 	

<p>The key message mirrors the new approach in the health and care sector, that is opportunities and interventions need to be more individual and demand led rather than supply led. Programmes should be co-designed.</p> <p>Trend data is available on a ward basis – for B&D this shows that highest rates of inactivity correlate with the areas of higher relative deprivation and poorer health outcomes. It also shows in B&D that manual workers are a specific group where inactivity is higher than the county average. This reiterates the need to focus joint working and targeted interventions in these areas and with specific groups. Energise Me is advocating the principle of a trusted person to be the primary message giver to individuals with the greatest risks from inactivity – this need not be a clinical person but could be a family member or someone from a community organisation.</p> <p>Energise Me is arranging meetings with council leaders and managers where the detailed insight data for the borough will be shared, discussions will also be held with the Sport and Physical Activity Alliance about how Energise Me might support the HWP and SPAA in ways to reduce inactivity in priority wards and for priority populations. Feedback will be given to HWP in due course.</p>	<p>Energise Me SPAA</p> <p>Marion Short / Mike O'Mahony</p>
<p>Strategy Updates</p>	
<p>Hampshire Children and Young People's Emotional Wellbeing Strategy is under development – 5 key themes at this stage: self-harm; wellbeing of 0-5 year olds; mentally healthy schools, vulnerable young people, and workforce/staff identified with young people and partners. Aiming for completion in autumn.</p> <p>Hampshire Health and Wellbeing Strategy is being refreshed – the lead public health officer will be in contact with BDBC to understand local partnership priorities</p> <p>B&D Children, Young People and Families Strategy development is ongoing; a workshop is to be hosted by Basingstoke Area Strategic Partnership on 20 September for partnership discussion and buy in to delivery – HWP reps to be invited.</p>	<p>Leads:</p> <p>Kate Donohoe</p> <p>HCC Public Health</p> <p>Sam Charlton</p>
<p>Coordination Groups – theme activity</p>	
<p>Be Socially Connected – Voluntary Sector Forum Be Mentally Resilient – Mental Health Alliance Update sheets for both themes to be circulated.</p>	<p>All to note</p>
<p>Information sharing / Hot topics / Partner updates</p>	
<p>CCG - Dermatology focus group was to be held in August to inform service improvement (information circulated at the meeting)</p> <p>HCC - A refresh of the Training on Managing Suicidal Conversations was to be delivered by the Samaritans (information circulated at the meeting)</p> <p>Voluntary Sector Forum – Funding streams are available for programmes to reduce social isolation but limited information to date - BVA to assess criteria when available and consider partnership bid; Neighbourcare and Cruse Bereavement are both actively seeking new volunteers</p> <p>BDBC Housing – There is to be 47% reduction in HCC budgets for support services; partners encouraged to comment during the consultation period – a link to information to be circulated</p> <p>BDBC Community Wellbeing – Chas Bradfield, Head of Service left at the end of May; a new Head of Service is due to start soon and will pick up strategic health links.</p>	<p>BVA</p> <p>Kathy Farr</p>

Communications	
No specific Communications messages were raised. The HWP thanked Nigel Cooper and Basingstoke Fire Station for hosting the meeting.	
Next HWP meeting	
Monday 15 October 2-4pm BDBC Civic Offices Dates for future meetings: Monday 2-4pm tbc	

Attendees 16/7/18

Representatives (alphabetical)		Organisation
Jess	Berry	NHCCG (Senior Commissioner)
Sam	Charlton	BDBC (Community Support manager / CYPF lead)
Nigel	Cooper	Hampshire Fire and Rescue
Jodie	Crehan	Southern Health (Multi-Specialist Community Providers)
Kate	Donohoe	HCC (Public Health)
Kathy	Farr	BDBC (Housing)
Juliana	Goate	Southern Health (Quit4Life - Locality Manager)
Colin	Godfrey	Patient / Public Involvement
Sharon	Hargreaves	Southern Health (Health Visiting and School Nurses)
Rob	Heyfron	Disability Forum
Tom	Horan	HCC Adult Health and Care
Cleon	Hutton	Vivid Housing Association
Kevin	Laing	Sport and Physical Activity Alliance
Claire	Leaney	BDBC (Healthy Communities)
Julie	Maskery	Hampshire Hospitals NHS Foundation Trust (Chief Operating Officer)
Bridget	Phelps	BVA (Interim Chief Executive) / Voluntary Sector Forum
Marion	Short	BDBC (Community Wellbeing/HWP coordinator)
Hazel	Tilbury	Voluntary Sector Forum

Guests / other attendees for this meeting:

Zara	Hyde-Peters	CCG (Director of Delivery)
Sophie	Burton	Energise Me
Susan	Dewey	HCC (Public Health)

Apologies:

Rachel	Bullock	Healthwatch Hampshire
Karen	Bamford	HCC (Family Support Services Team Manager)
Paul	Davey	CCG (Communication and Engagement)
Sarah	England	Southern Health (Multi-Specialist Community Providers)
Rachel	Fletcher	BDBC (Social Inclusion)
Amanda	Jenkins	HCC (Family Support Service)
Richard	Levell	CAMHS
Mike	O'Mahony	BDBC (Healthy Communities)
Flis	Pitman	Cultural Forum (Anvil Arts)

Caroline	Ryan	Safer North Hampshire
Julie	Spreadbury	St Michaels Hospice (Patient Services)